
St. Mark's Lions Sports Camps

Basketball: June 19-23 - Volleyball: July 24-28

St. Mark's Lutheran School - 7869 Kingswood Drive, Citrus Heights - 916.961.7891 - school.StMarksLutheran.com

Overview

Our Lions Sports Camps are designed to give each camper a positive experience learning and playing basketball and/or volleyball. Our camps are led by experienced, enthusiastic coaches who are committed to helping each camper grow during the week.

At our basketball and volleyball camps, participants will learn and practice the fundamentals of each sport, receive practical advice on how to practice and improve on their own, and apply individual skills to the greater team concept of each sport. Additionally, campers will learn strategies for preparing for physical activity and improving their overall athletic ability.

Our camps are open to everyone. Please be encouraged to get your registration form in early to ensure that space is available. We are looking forward to a great program of sports camps, and we hope you can join us! Please call 916.961.7891 to learn more.

Camp Offerings

Basketball

- June 19-23
- Grades 4-8 co-ed (9:00-11:30am)
- Grades 1-3 co-ed (1:00-2:00pm) *8-ft. goal

Volleyball

- July 24-28
- Grades 6-8 co-ed (9:00-11:30am)
- Grades 3-5 co-ed (1:00-2:00pm)



Camp Features

Each camp features the following:

- Fundamental skill development
- Individual contests and games
- Team competitions
- Awards
- Daily refreshments
- Sports camps T-shirt (included in cost)
- Camp ball (included in cost)

Fees

- Grades 1-3 basketball camp: \$40.00
- Grades 4-8 basketball camp: \$80.00
- Grades 3-5 volleyball camp: \$40.00
- Grades 6-8 volleyball camp: \$80.00
- **Second camp discount: \$10.00 off the second camp if a child participates in two camps**
- **Early registration discount: \$5.00 off total if registration is received by May 1**

Necessary Equipment

Each camper must be equipped with:

- Functional athletic attire
- No metal jewelry, hairpieces, etc.
- Non-marking INDOOR athletic shoes (all camps are held in gymnasium)
- Water bottle (if desired)

Registration

Please remit the attached registration form with payment to:

St. Mark's Lions Sports Camps
7869 Kingswood Drive
Citrus Heights, CA 95610

St. Mark's Lions Sports Camps Registration Form

**Please detach and return with payment to St. Mark's Lutheran School (see flyer for address) by June 1.
Receive \$5.00 off if form is returned by May 1. Please keep the information flyer for future reference.**

Child's name _____ Grade in 2017-18 _____
School _____
Parent's name _____
Address _____ City _____ Zip _____
Phone number _____
Email address _____

Emergency contacts (please list name and phone number)

	Name	Phone number
1.	_____	_____
2.	_____	_____
3.	_____	_____

Description of special medical circumstances of which we need to be aware _____

Please check the appropriate camp option(s) for the above named child:

- Grades 1-3 basketball camp—\$40.00 (includes T-shirt and ball)
 Grades 4-8 basketball camp—\$80.00 (includes T-shirt and ball)
 Grades 3-5 volleyball camp—\$40.00 (includes T-shirt and ball)
 Grades 6-8 volleyball camp—\$80.00 (includes T-shirt and ball)

PLEASE NOTE: If your child is participating in two camps, lower the total cost by \$10.00. The T-shirt is the same for both camps, so children participating in two camps will receive one T-shirt.

Please circle the desired T-shirt size (Y = youth, A = adult):

YS YM YL AS AM AL AXL AXXL

Consent and Waiver of Responsibility (please read before signing)

I agree that on behalf of the above named child being registered for Lions Sports Camps, I will not hold St. Mark's Lutheran Church and School of Citrus Heights, California, and/or its staff, coaches, or employees responsible for any injury, accident, or loss of property however caused. It is further agreed that all risks involved in participating in the said sports camp(s) are assumed by the child and his parent(s) or guardian(s), who are responsible for the medical wellbeing of the registrant and for all medical costs incurred in case of injury while in attendance at Lions Sports Camps. I agree to allow the above named child to be treated by an emergency medical response team or a licensed physician in the case of an emergency.

Parent's signature _____ Date _____